



Eastbourne Rovers

Cycling Club

Good reasons to join our club

Eastbourne Rovers is a friendly club encouraging cycling for all at any age or ability. From social rides, to racing or touring, there's something for everyone from complete novice to national champions. Newcomers to the sport are actively encouraged with a special ½ price introductory offer for beginners.



The club organises club runs and rides, both on and off the road, has training sessions during winter months, and a series of club time trail races in the summer. Members compete in everything from Time Trial, Road, Track, MTB or Cyclo-Cross racing and participate in Audax, Sportive or Reliability Trial events. Others just enjoy being part of the club and getting out and about on their bikes with likeminded people – the club caters for all whatever you level of ability or interest.

If you enjoy getting out and about on your bike, why not take it a step further and get all the benefits of joining a local club. Like many other sports, cycling is best enjoyed as part of a group with the added dimension of encouragement, advice and personal development. Many members start off as social riders, enjoying the camaraderie of a club ride, but soon progress to club time trial races which take place over the summer months on local courses. For the more serious racing types, Eastbourne Rovers is affiliated to all the national, regional and local cycling bodies and associations to enable our members to compete and participate in a range of cycling disciplines.

Eastbourne Rovers are affiliated to Cycling Time Trials, British Cycling, Cycling UK, East Sussex CA, Sussex CA, Kent CA and Southern Counties CU.

For membership enquiries why not join us at our club night on Monday evenings at Stone Cross Memorial Hall anytime after 8pm to meet some of the members and find out more about us. Alternatively **phone us** on [01323 485180](tel:01323485180) or **email us** at info@eastbournerovers.club

For more information about the club

Visit our website www.eastbournerovers.club

Like our facebook page www.facebook.com/roverscycling

Follow us on twitter <https://twitter.com/RoversCycling>

Join us on Strava www.strava.com/clubs/eastbourne-rovers-cc-3679

Join online at membermojo <https://membermojo.co.uk/eastbournerovers>

Membership benefits include

Social Evenings – All year round Monday evenings at Stone Cross Memorial Hall

Turbo Training Sessions – Autumn/Winter Monday evenings at Stone Cross Memorial Hall

Ride with Rovers – Spring/Summer Monday evening hour long rides suitable for all levels

Roam with Rovers – Sunday morning rides suitable for social or intermediate riders

Club Run with Rovers – Sunday morning rides for seasoned or experienced riders

Race Pace Ride with Rovers – Seasonal chain gang style rides for racing types

Winter Race with Rovers – Two Sunday morning club time trials in February or March

Summer Race with Rovers – Series of 18 Thursday evening time trials on local courses

Facebook Group for members only – members of Eastbourne Rovers CC



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New Membership Application Form

Membership runs for the calendar year and will expire on 31st December each year. New members joining after 1st November will be members until 31st December the following year.

Name	Date of Birth
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Address

Telephone	Mobile
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Email address

Emergency Contact Details (Name and telephone number)
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Membership Type	Standard Membership First and Second Claim	Special ½ Price Membership Beginners joining for first year
Senior (18 or over)	£20.00 please tick <input type="checkbox"/>	£10.00 please tick <input type="checkbox"/>
Junior (under 18)	£10.00 please tick <input type="checkbox"/>	£5.00 please tick <input type="checkbox"/>

Associate (Non riding social membership ideal for partners)	£10.00 please tick <input type="checkbox"/>
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If you are already a member of another CTT affiliated cycling club and wish to join as a Second Claim member please tick this box <input type="checkbox"/>

Name of your First Claim Club

Please tick method of payment Cash <input type="checkbox"/> or Cheque <input type="checkbox"/> (payable to Eastbourne Rovers Cycling Club) and send to Ann Human, 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
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As a member of Eastbourne Rovers Cycling Club, you participate in club runs, rides or training sessions entirely at your own risk. You must accept responsibility for your own conduct and safety at all times, including the roadworthiness, safety and security of your bike and equipment. We strongly recommend you take out appropriate third party insurance such as that offered by the Cycling UK or British Cycling.

Junior membership applications should be signed by a parent or guardian

Signature	Date
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